

IB COURSE

Teacher Dr.Brown

Statements of the obvious ?

- **Obesity, alcohol, depression linked in women**
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- **Ailments create a 'toxic triangle' of eating, drinking and over-thinking**
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- Alcohol abuse, obesity and depression seem to go hand in hand for many women, according to the first study to look at how the three relate to one another over time in young adults.
- Dr. Carolyn A. McCarty of Seattle Children's Research Institute and her colleagues also found that almost half of the men and women in their study suffered from at least one of these problems between the ages of 21 and 30.
- "That's big," said McCarty, whose work was published in the latest issue of General Hospital Psychiatry. It's likely only "the tip of the iceberg," she added, because the researchers used fairly stringent definitions of alcohol abuse, depression and obesity in their study.

First Year

- **IB Psychology. St.Helen's School**
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- **Course outline: Year I**
- **IB Psychology I: 2010/11**
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- Text: *IB Psychology: A Course Companion*, by John Crane & Jette Hannibal
- ***A Brief course outline***
- **Unit I. An introduction to research in Psychology**
- How do we study human behaviour
- What is an experiment?
- How do we measure human behaviour?
- **Unit II. The Socio-cultural Level of Analysis: focus on marketing**
- Why do we make the decisions we do?
- How does our culture affect our behaviour?
- What role do groups play in our lives?
- Methodology: observations
- **Unit III. The Cognitive Level of Analysis: focus on memory**
- How memory works
- Handling our emotions – from anger to happiness
- Methodology: Experiments
- **Unit IV. The Biological Level of Analysis: focus on the teenage brain**
- Stress in school
- Intelligence – where does it come from
- Methodology: Correlational research
- **Assessment:**
- The IB Psychology exam is an essay-based assessment. Therefore, we will be doing a lot of writing this year. Assessments include: written exams, précis quizzes, Seminars, presentations, and questions/essays.

Second Year

- **Course outline: Year II**
- **IB Psychology II**
- **A Brief course outline**
- **Option I. Abnormal behaviour**
- What is abnormal behaviour?
- PTSD
- Depression
- Therapies
- Methodology: Case Studies
- **Internal Assessment**
- *You will have time to work on your internal assessment in class after we return from our October holiday, until December 1 – or the nearest class meeting. During those six weeks we will also be doing practice papers to revise some of the material from the first year of the course.*
- **Option II. Human Relationships**
- Pro-social behaviour
- Love and attraction
- Bullying
- Methodology: Interviews and content analysis
- **Final unit: the theory behind qualitative research**