

ST HELEN'S SENIOR SCHOOL EXTRA-CURRICULAR ACTIVITIES 2009-2010

WEEK A	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Before School (Sporting activities start at 7:45am)	Clarinet Choir (8am) Flute Choir (8:30am)	Dixieland Band (8:15am) Wind Band (8:30am)	Early Birds Swim Brass Group (8am) Jazz Band (8:30am) Recorder Consort (RYA/8:30am)	Concert Band (8:15am)	St Helen's Singers (8:15am) Saxophone Quartet (8:30am)
Lunch time (all activities begin at 12:35pm unless stated)	String Quartet Aural Training (1:05pm) Yr 7 Choir (1:05pm) 1st/2nd Lacrosse (ROL) U15 Lacrosse (AA) U14 Badminton (SH) Yr7-9 Football (ABE) Speech & Drama Calligraphy (MIS/1pm) Foreign Languages Cine Club (RRB/ESE/1pm)	String Quartet U13 Lacrosse (JBAR) Senior Badminton (SH) U16 Netball (EH) U12 Lacrosse (ROL/RJ) Speech & Drama Japanese Club (MIS/1pm) Italian Club (NOH/1pm) Greek Society (KBU/1pm) Foreign Languages Cine Club (RRB/ESE/1pm) Library Book Club (EHO/1pm) Physics Clinic Yr8-9 CAD CAM (KGI&LHO)	Music Theory Drum Group (1:05pm) U14 Lacrosse (ROL) U12 Lacrosse (RJ/KD) Senior/U15 Netball (EH/JBAR) U13 Netball (CL) Cross Country (JB) U15 Badminton (SH) Speech & Drama Origami Club (MIS/1pm) Amnesty International (TON/M3/12:45pm) Alternative Music Evening (RSh TE2) Photography Club (M3/1:10pm)	String Orchestra Flute Quartets (1:05pm) Guitar Group (1:05pm) Music Theory (1:05pm) Flute Quartet (1:05pm) 1st/2nd Lacrosse (ROL) U14 Netball (KD) U12 A&B/C&D Netball (CL/JB) Leisure Swim Senior Dance Club (KH) Manga Club (MIS/1pm) Classics Club (NOH/1pm) JSOC (12:40pm) Pro-desktop Club (RSh/TE2/12:40pm) History & Politics forum (Yr10-13/S3/1pm)	<u>12:25pm START</u> Recorder Consort Indian Music Group (1:05pm) Fusion (12:40pm)
After School (4pm)	U14 Lacrosse (ROL) U13 Netball (CL) U12 Lacrosse (RJ/KD) U15/U16 Netball (EH) D&T Club All Years (Max.12) (BGe) Science Projects (AAd) Middle School Play	School Orchestra Senior School Gym (CL/JBAR) Badminton (SH) Silver DofE (Lab 1/ until Nov) Bronze DofE (Art 1/from Nov)	St Helen's Singers U13 Lacrosse (JBAR) Senior Lacrosse (ROL) U15 Lacrosse (AA) U12 Netball A&B Squad (CL/JB) U12 Netball C&D Squad (KH) U14 Netball (KD) Silver DofE (Art 1/until Nov) Main School Play Bronze DofE	School Choir Senior Netball (JBAR) Middle School Swim (KD) Silver DofE (Lab 1/until Nov) Main School Play Bronze DofE (Q1/from Nov)	<u>3:35pm START</u> CCF (Yr 10-13) Football Club (Yr 7-9/Sports Hall)

MONDAY-THURSDAY: LATE COACHES WILL LEAVE THE COACH PARK AT 6PM. PLEASE MAKE SURE YOU ARE IN THE COACH PARK AT 5:45PM, SO THE COACHES CAN LEAVE PROMPTLY.

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			(Lab 1/from Nov)		
WEEK B	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Before School (Sporting activities start at 7:45am)	Clarinet Choir (8am) Flute Choir (8:30am)	Fitness Dixieland Band (8:15am) Wind Band (8:30am)	Early Birds Swim Brass Group (8am) Jazz Band (8:30am) Recorder Consort (RYA/8:30am)	Fitness Concert Band (8:15am)	St Helen's Singers (8:15am) Saxophone Quartet (8:30am)
Lunch time (all activities begin at 12:35pm unless stated)	String Quartet Aural Training (1:05pm) Yr 7 Choir (1:05pm) 1st/2nd Lacrosse (ROL) U15 Lacrosse (CE) U14 Badminton (SH) Yr 7-9 Football (ABE) Speech & Drama Calligraphy (MIS/1pm)	String Quartet U13 Lacrosse (JSI) Senior Badminton (SH) U15 Netball (EH) Speech & Drama Japanese Club (MIS/1pm) Italian Club (NOH/1pm) Library Book Club (EHO/1pm) Physics Clinic Yr8-9 CAD CAM (KGI&LHO) Puzzle Club (SMI &SKI/Q3/1PM) Greek Society (KBU/1pm)	Music Theory Drum Group (1:05pm) U14 Lacrosse (ROL) U12 Lacrosse (CE/KD) Senior/U16 Netball (EH/JSI) U13 Netball (CL/AA) Cross Country (JB) U15 Badminton (SH) Speech & Drama European Club (JOR) Origami Club (MIS/1pm) Amnesty International (TON/M3/12:45pm)	String Orchestra Flute Quartets (1:05pm) Guitar Group (1:05pm) Music Theory (1:05pm) 1st/2nd Lacrosse (ROL) U15 Lacrosse (CE) U14 Netball (KD) U12 A&B/C&D Netball (CL/JB) Leisure Swim Senior Dance Club (KH) Manga Club (MIS/1pm) Classics Club (NOH/1pm) JSOC (12:40pm) Pro-desktop Club (RSH/TE2/12:40pm) History & Politics forum (Yr10-13/S3/1pm)	<u>12:25pm START</u> Recorder Consort Indian Music Group (1:05pm) Fusion (12:40pm)
After School (4pm)	U14 Lacrosse (ROL) U13 Netball (CL/AA) U12 Lacrosse (CE/KD) U15/U16 Netball (EH) Yr 10-13 Fitness (RJ) Science Projects (AAAd) Middle School Play D&T Club All Years (Max.12) (BGe)	School Orchestra Senior School Gym (CL/JSI) Badminton (SH) YR 8/9 Fitness (ROL) Silver DofE (Lab 1/until Nov) Bronze DofE (Art 1/from Nov)	St Helen's Singers U13 Lacrosse (JSI) Senior Lacrosse (ROL) U15 Lacrosse (CE) U12 Netball A&B Squad (CL/JB) U12 Netball C&D Squad (KH) U14 Netball (KD) Yr 10-13 Fitness (RJ) Silver DofE (Art 1/until Nov) Bronze DofE (Lab 1/from Nov)	School Choir Senior Netball (JSI) Yr 7 Fitness (CE) Middle School Swim (KD) Silver DofE (Lab 1/until Nov) Main School Play Bronze DofE (Q1/from Nov)	<u>3:35pm START</u> CCF (Yr 10-13) Football Club (Yr 7-9/Sports Hall)

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2009-2010**

			Main School Play		
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