

Week 1

# LITTLE ST HELENS SCHOOL LUNCH MENU



## MONDAY

Chicken Pasta Bake  
Vegetable Pasta Bake  
Broccoli  
Pepper Sticks  
Home Made Chocolate  
Sponge +  
Chocolate Sauce  
Water Melon Slice



## TUESDAY

Mild Lamb Korma  
Vegetable Dhal  
Steamed Rice  
Naan Bread  
Sweetcorn  
Celery Sticks  
Gingerbread Men  
Orange Wedges

## WEDNESDAY

Turkey Meatballs with  
Spaghetti in Tomato  
Sauce  
Mushroom Pasta Bake  
Green Beans  
Cucumber Sticks  
Chefs Flapjack  
Fresh Fruit platter



## THURSDAY

Chefs Own Vegetarian  
Pizza  
  
Mixed Salad  
New Potatoes  
Carrot Sticks  
Fruit Jelly  
Dried Fruit Selection



## FRIDAY

MSC Crispy Crumb Fish  
Home Made Vegetable  
Cake  
Jacket Wedges  
Mushy Peas  
Tomato Wedges  
Rice Crispy Cake  
Pineapple Slices



# LITTLE ST HELENS SCHOOL LUNCH MENU



## MONDAY

Lamb Lasagne  
Quorn Mince & Vegetable  
Lasagne  
Steamed Carrots  
Tomato Wedges  
Pineapple Sponge &  
Custard  
Sliced Honeydew Melon



## TUESDAY

Roast Chicken Breast  
Vegetable Wellington  
Roast Potatoes  
Roast Parsnips  
Cucumber Sticks  
Bourbon Balls  
Pineapple Wedge



## WEDNESDAY

MSC Hoki in Batter  
Quorn Dippers  
Oven Chips  
Baked Beans  
Celery Sticks  
  
Carrot Cake  
Orange Wedges



## THURSDAY

Mediterranean Vegetable  
Pasta Bake  
Home Made Garlic Bread  
Steamed Cauliflower  
Pepper Sticks  
  
Chefs Own Shortbread  
Bunch of Grapes



## FRIDAY

Chicken Hot Dogs  
Veggie dogs  
Diced Herby Potatoes  
Sweetcorn  
Tomato Wedges  
  
Chocolate Chip cookies  
Sliced Apple

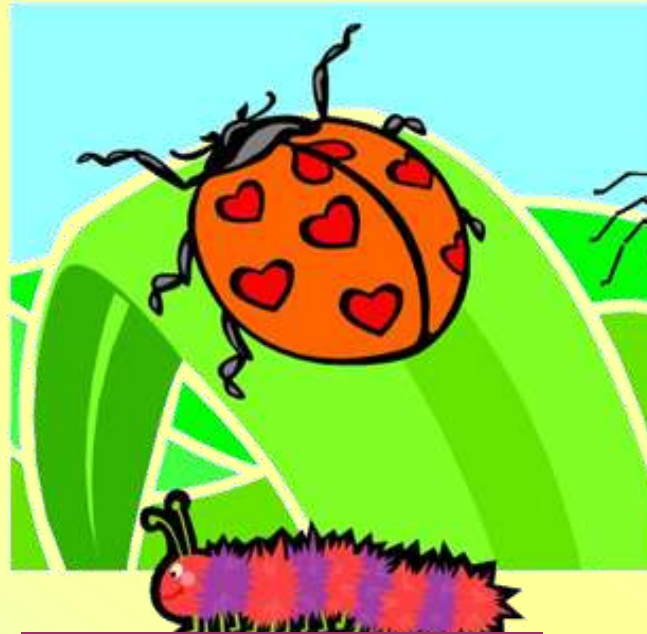


# LITTLE ST HELENS SCHOOL LUNCH MENU



## MONDAY

Lamb Bolognese  
Vegetable Bolognese  
Pasta Spirals  
Pan cooked Leeks  
Carrot Sticks  
Homemade Chocolate  
Mousse  
Bunch of Grapes



## TUESDAY

Minced Beef Pie  
Vegetable Vol au Vents  
Pan fried Potatoes  
Steamed Carrots  
Cucumber Sticks  
Homemade Fruit Sponge  
& Custard  
Melon Slice

## WEDNESDAY

Chicken Sausage Hot Pot  
Winter Vegetable & Bean  
Casserole  
Steamed Courgettes  
Mashed Potatoes  
Tomato Wedges  
Rice Pudding & Apricot  
½ Bananas



## THURSDAY

Turkey Lurky Pie  
Root Vegetable Pie  
Steamed Cabbage  
Sliced Peppers  
  
Homemade Oatmeal  
Biscuits  
Melon Wedges



## FRIDAY

MSC Salmon Fish Fingers  
Vegetable Fingers  
Mini Potato Waffles  
Baked Beans  
Celery Sticks  
  
Ice Cream Tub  
Pear Slices

Week 4



# LITTLE ST HELENS SCHOOL LUNCH MENU



MONDAY

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THURSDAY

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TUESDAY

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WEDNESDAY

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FRIDAY

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